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Accumulator Department

#### HOW TO USE THE ORGONE ENERGY ACCUMULATOR

The orgone energy accumulator is a collapsible cabinet which is made in six pieces that are easily assembled by means of screws. The orgone energy is collected by a certain arrangement of organic and metallic material. "One layer" actually consists of two layers, one of organic matter on the outside, the other of metallic matter on the inside. Organic matter absorbs and holds, while metal attracts and reflects orgone energy quickly. It is, therefore, obvious that by layering the accumulator always with organic matter toward the outside and metallic toward the inside, a direction is given to the orgone energy directed from the outside toward the inside.

The beneficial use of the accumulator is accomplished by daily, regular sittings within the radiating enclosure. Ventilation of the enclosed space is secured through openings above and beneath the door. The atmospheric orgone energy does not "seep" through openings, but penetrates the solid walls. In relation to the accumulator, the organism is the stronger energy system. Accordingly a potential is created from the outside toward the inside by the enclosed body. The energy fields of the two systems make contact and after some time, dependent on the bio-energetic strength of the organism within, both the living organism and the energy field of the accumulator begin to "luminate" i.e. they become excited and, making contact, drive each other to higher levels of excitation. This fact becomes perceptible to the user of the accumulator through feelings of prickling, warmth, relaxation, reddening of the face, and objectively, through increased body temperature.

There is no mechanical rule as to HOW LONG one should sit in the accumulator. One should continue with the orgonotic irradiation as long as one feels comfortable and "glowing." The sensitive person will, after a while have "had enough." This manifests itself in the feeling of "nothing happening any longer." It is explained by the fact that, in a truly self-regulatory manner, the organism will absorb only as much orgone energy as it requires. After a certain level has been reached, the sensations become unpleasant. Pressure in the head, slight nausea, ill feelings all over, and dizziness are the most common signs indicating that OVER-IRRADIATION has begun. If such is the case, one simply leaves the accumulator and takes some fresh air and the symptoms of overcharge quickly vanish.

Under no circumstances should one sit in the accumulator for hours. This can cause serious damage. In a three-fold accumulator one session should not be longer than 30 minutes at a time. It is better, if necessary, to use the accumulator several times a day at shorter intervals than to prolong one sitting unnecessarily.

The size of the accumulator should fit the size of the person who uses it. The inner metal (or wire mesh) walls should not be farther away from the body surface than 2 to 4 inches. A small child in a large size accumulator would not attract enough energy. The average adult size will be suitable for most people.

It is not necessary to undress completely in the accumulator since orgone energy penetrates everything. However one should not wear too heavy or woolen clothes since this will prevent quick contact and excitation.

The accumulator may be set up in any room. The room should be aired thoroughly every day.

Never attach exposed electric wires to the metallic portion of the accumulator since it is possible to receive a shock. A small reading light may be attached to the inside.

The accumulator may be cleaned by wiping the metal surfaces with a damp cloth. Do not let it get wet. Water absorbs and holds the orgone energy and thus prevents the creating of an orgonotic potential inside the accumulator. When the humidity exceeds 80%, the atmospheric orgone tension is reduced and the accumulator may function poorly, therefore longer sessions may be needed.

The Orgone Energy Shooter: The shooter is built according to the same principle as the big accumulator. This accumulated energy within the shooter is now directed through flexible iron hollow cables (BX cable) from which the inner wires have been removed, toward the local region to be irradiated. On small areas it suffices to keep the outer end of the BX cable at the surface at a distance of about one eighth of an inch. On larger areas a funnel should be inserted, corresponding in size approximately to the afflicted area to be irradiated. The mechanism of the irradiation effect consists in that the particular local area draws energy from the shooter box through the BX cable. The latter should be insulated with tape or plastic, organic material on the outside, in order to form in itself a radiating structure with metal inside and organic material outside. One should not irradiate for more than 2 to 10 minutes at a time. The irradiation may be repeated at frequent intervals if necessary.

The Chestboard: The chestboard is a rectangular board which serves the purpose of bringing the orgone energy field of the door of the large accumulator closer to the body. To use it one should rest the board upright about 3 inches from the body upon one's knees, the metal surface facing the organism. Remove after a few minutes, or as soon as local sensation of heat is experienced.

The Seatbox: The seatbox is built into the new (1950) models for the purpose of further orgone energy concentration, from which orgone energy for local irradiation may be derived via an insulated cable. This seat is composed of two boards which should be placed with their metallic surface towards the inside. The orgonotic potential of the space thus created may be enhanced by loosely stuffing the seatbox with ordinary steel wool (3 to 5 lbs.)

The following areas should be irradiated daily while sitting inside the large accumulator by means of the seatbox or shooter, for a few minutes each:

- a. eyes with lids closed, not more than 1 minute each;
- b. root of nose;
- c. mastoid bone;
- d. mouth and throat;
- e. heart region;
- f. upper abdomen, (over solar plexus);

Stop irradiation immediately if burning or discomfort is felt.

PLEASE READ CAREFULLY

The Oranur Experiment (cf. THE ORANUR EXPERIMENT, First Report, 1947-1951) has revealed beyond doubt the danger of using orgone energy accumulators in the vicinity of operating xray machines. Please make sure that your accumulator is at least 3 rooms away from an operating xray machine. Also beware of experimenting with any kind of radioactive material in combination with orgone energy. It is dangerous to life.

For further information about the use of the Orgone Energy Accumulator, write to The Wilhelm Reich Foundation, Accumulator Department, Orgonon, Rangeley, Maine.

A pamphlet, "The Orgone Energy Accumulator, Its Scientific and Medical Use" has been published by the Orgone Institute Press, Box 153, Rangeley, Maine.